



Asbestos Awareness

Training Workshop

1 Who Should Attend . . .

This program is a must for anyone concerned about health and safety on the job including:

- ▶ Managers concerned about liability and workers' compensation costs
- ▶ Employees who want to learn proper techniques for protecting their safety and health at work
- ▶ Business owners who want to learn about compliance with MIOSHA

2 Why You Need This Workshop . .

- ▶ To reduce disabling injuries and illnesses to employees - and to ensure that every worker goes home safe and healthy every day.
- ▶ To reduce the high direct costs of work-related injuries, which grew to \$42.5 billion nationally in 2000, and indirect costs, which were estimated at an additional \$127 - \$212 billion in 2002. (*2003 Liberty Mutual Safety Index.*)
- ▶ To enhance your company's bottom line. A strong safety and health commitment not only protects workers, it also reduces worker's compensation costs, improves employee morale, and increases production and quality.

3 What You'll Learn . . .

Construction trades routinely renovate and demolish buildings that were built prior to 1981. These construction activities often result in contact with asbestos-containing materials. Asbestos Awareness Training is required annually for employees whose work activities may contact asbestos-containing materials (ACM) or presumed asbestos-containing materials (PACM), but do not disturb ACM or PACM during their work activities. This training consists of information regarding asbestos and its various uses and forms. Training also includes information on the health effects associated with asbestos exposure.

Agenda

We offer a flexible program agenda to emphasize the topics you want most.

- ▶ Asbestos and its Uses.
- ▶ Health Effects of Asbestos.
- ▶ Recognizing the Hazards.
- ▶ Protecting Yourself From Asbestos.
- ▶ Laws and Standards Pertaining to Asbestos in the Construction Industry.

All meetings are accessible and barrier free. Please contact the cosponsor or CET Division, at least two weeks in advance, to request necessary accommodations.

Facilitator

Cindy L. Zastrow was appointed to the MIOSHA Consultation Education and Training Division in 2004 as an Industrial Hygienist, bringing with her over 11 years of experience in Safety, Health, and Emergency Services. Based in the Saginaw office, Cindy provides industrial hygiene services for the Northern part of Michigan as well as the Upper Peninsula.

Cindy has her B.S. and B.F.A. degrees from Central Michigan University, and her M.S. Degree in Forensic Toxicology from the University of Florida. She is also a certified Firefighter I and II, licensed EMT, HAZMAT Technician, NFPA Fire Inspector I, CPR/First Aid/AED Instructor, and Medicolegal Death Investigator.

Cindy is a member of the Federal DMORT team for Region V, as well as serving on the Richland Twp. Fire Department and Coleman Police Department.



Cindy Zastrow, M.S.,
*Industrial Hygienist,
MIOSHA, CET Division*

Program Details

DATE: January 19, 2006

LOCATION: Whitehead's Restaurant
9014 W. Houghton Lake Drive
Houghton Lake, Michigan

COST: \$30 for the first person,
\$5 for each additional person
from the same company.
Includes course materials.

TIME: Check-in - 8:30 a.m.
Programs - 9:00 a.m. to 11:00 a.m.

DEADLINE: Register by January 9, 2006
Enrollment is limited to 40 participants,
so please register early!

CONTACT: Wilma Barber - 989.275.4759 or
trilakes@charter.net

COSPONSOR: *Grand Valley State University Continuing Education*

How to Register

Asbestos Awareness Training

Complete information at right to register by:

► **Phone:** 989.275.4759

► **Email:** trilakes@charter.net

► **Mail:** Tri-Lakes Home Builders
PO Box 25
Roscommon, Michigan 48653

The Department of Labor & Economic Growth will not discriminate against any individual or group because of race, sex, religion, age, national origin, color, marital status, disability, or political beliefs. If you need assistance with reading, writing, hearing, etc., under the Americans with Disabilities Act, you may make your need known to this agency at least two weeks in advance.

www.michigan.gov/dleg

Name: _____

Company Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: _____

Fax: _____

Email: _____

Number Attending 1 @ \$30.00 = \$ 30.00

Additional Staff _____ @ \$5.00 = \$ _____

Total _____